

Case Study

Our team recently went out to a local Youth Centre to provide an evening of challenge...



It was identified by youth staff that the boys were not engaging well and were relatively new to the centre and staff wanted a session to:

Bond the group
Communication
Provide healthy competition

We took our ballista (catapult kit) and set to work with two teams to build the kit. Once built they could practice shooting the targets and have competitions over best build, longest shot, accuracy etc. It ended building a protective case for an egg shot.

The immediate feedback was excellent from the young people – they enjoyed the practicality and competitiveness of the activity. The staff later identified the session had kick started a process of bonding the group and had helped their relationships with the leaders.

Duke of Edinburgh Support

The Duke of Edinburgh's Award is *the* world's leading achievement award for young people. Here at the Frank Chapman Centre we believe that DofE is invaluable in the way it can help those striving for a challenge, willing to push the boundaries and extend their own limits.

How we can help you:

- Assisted training programmes for Bronze, Silver and Gold groups
- Supported assessments for groups using our qualified assessors
- Training for leaders, i.e. BEL, Assessor accreditation courses
- Core expedition skills

Use the FCC Centre for improving your site

Many school see the benefits of outdoor learning and want to continue it throughout the year.

We can give you advice on installing and maintaining low level traversing walls on your premises. We have set up many schools with orienteering courses. Producing the maps and delivering the staff training to run them successfully.

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Outdoor Learning

Outreach



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Orienteering

Orienteering is a challenging outdoor adventure sport that exercises both the mind and the body. The aim is to navigate between control points marked on a map and decide the best route to complete the course in the quickest time.

Archery

An outdoor sport without age, skill or ability barriers! Become the next Robin Hood with precision, stamina, accuracy and an eye for the details. Easily set up on a school field or community centre grounds.

Team Building

As relevant to Year 4's as it is to senior business leaders – problem solving or team games are fun ways to learn, argue, agree, decide and plan. Portable activities out of the box - spider's webs, burma bridges, bombs, blindfold trails and sheep pens are just some of the tools used to build communication and problem solving skills.

Bushcraft

Is all about learning to take care of ourselves, each other, and the environment! Using our natural surroundings to keep us warm, sheltered, fed and watered and above all comfortable. This means that you carry knowledge, rather than equipment and supplies.

The Frank Chapman Centre and the Sandwell Residential Education Service is not just about the centres. You can have outdoor adventures and learn all about the outdoors right by you.

We can bring our equipment to your site (subject to us checking its suitability) or perhaps there is somewhere in your area you think might be a good spot for us to work with your group.

With our minibus and trailer we can do most of our key land based activities wherever you are.

This could be...

- **Problem solving in the school playground**
- **A local nature walk or bushcraft session**
- **Archery on the community hall's field**
- **First Aid for Young People**

